University of Florida
College of Public Health & Health Professions
OTH 6622C: Occupation-based Practice, Participation, and Health (3 credits)
Fall: 2022
Delivery Format: On campus & E-learning

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Office Hours: Wed 2:30 – 4 pm or by appointment

Prerequisites
OTH 6539 Occupational Therapy Theory & OTH 6324 Psychosocial OT Evaluation and Intervention

PURPOSE AND OUTCOME

Course Overview
This course addresses the influence of occupation-based practice on health and well-being for adults and older adults with impairments that impact participation. Students will learn to facilitate performance of clients to improve health in natural environments, such as homes, communities and workplaces.

Relation to Program Outcomes
This course is situated in the fall semester, second year of the Doctor of Occupational Therapy program. During this semester, the specific application of previously acquired knowledge to more complex activities and issues of participation in adults and seniors is emphasized. Students develop theoretically sound, evidence- and occupation-based interventions grounded upon the analysis and application of clinical competences in the core knowledge of occupational therapy. Classroom and laboratory activities are used to develop and evaluate individual student competencies. The focus is on instructional outcomes (Phase 1) related to the following curricular themes: human occupation and health, critical thinking for practice and scholarship, psychomotor skills, collaborative practice, and professionalism.

Course Objectives

Student Learning Objectives- By the end of the course, students will be able to:	ACOTE Standard(s)	Curricular Theme(s)
Demonstrate ability to identify safety concerns and address safety of self and others.	B.3.7. Safety of Self and Others	Critical Thinking; Psychomotor Skills
Apply occupational therapy models of practice and/or theoretical frameworks to the selection of appropriate standardized and/or non-standardized assessments for evaluating occupational performance and creating intervention plans that address occupational therapy's domain of practice (i.e. ADL, IADL, work, rest/sleep, etc.) for persons with chronic or degenerative conditions.	B.2.1. Scientific Evidence, Theories, Models of Practice, and Frames of Reference

B.4.3. Occupation-based Interventions | Critical Thinking; Valuing of Diversity |

Student Learning Objectives- By the end of the course, students will be able to:	ACOTE Standard(s)	Curricular Theme(s)
	B.4.4 Standardized and Non-standardized Screening and Assessment Tools	
Administer assessment tools using appropriate procedures and protocols.	B.4.5 Application of Assessment Tools and Interpretation of Results	Psychomotor Skills
Report and interrupt assessment results in a systematic manner for evaluation of client and practice outcomes.	B.4.6. Reporting Data B.4.8. Interpret Evaluation Data	Critical Thinking
Select and provide appropriate occupation-based and evidence-based interventions, purposeful activities and preparatory methods that support remediation and/or compensation within occupational therapy's domain of practice and/or client safety.	B.4.9. Remediation and Compensation B.4.10. Provide Interventions and Procedures	Critical Thinking; Psychomotor Skills
Within the home and community, provide intervention, including compensatory strategies, to address occupational performance in self-care, self-management, health management and maintenance, home management, and community and work integration to support participation in multiple environments for persons with chronic or degenerative conditions.	B.4.9. Remediation and Compensation	Human Occupation and Health
Address occupational performance across environments (e.g., home, work, school, community) through evaluation, adaptations, and application of ergonomic principles and environmental modification.	B.4.18 Grade and Adapt Processes or Environments	Human Occupation and Health
Articulate and employ interventions to address community mobility needs of clients.	B.4.14 Community Mobility	Human Occupation and Health
Utilize strategies to support health literacy of clients, caregivers, and communities for improved occupational performance.	B.4.21. Teaching-Learning Process and Health Literacy	Critical Thinking
Apply the concepts of grading and adapting to client-centered occupational therapy interventions, including those involving the environment.	B.4.18 Grade and Adapt Processes or Environments	Critical Thinking; Psychomotor
Describe the processes related care coordination and case management that occupational therapists use for clients in the community.	B.4.20. Care Coordination, Case Management, and Transition Services	Critical Thinking; Collaborative Practice
Demonstrate knowledge of considerations for use of virtual environments and telehealth to facilitate participation and health for adults and seniors.	B.4.15 Demonstrate knowledge of the use of technology in practice, that includes: Virtual environments & Telehealth technology	Human Occupation and Health

Student Learning Objectives- By the end of the course, students will be able to:	ACOTE Standard(s)	Curricular Theme(s)
Articulate the value of OT within Primary Care and design a primary care intervention plan based on a case study.	B.4.27. Community and Primary Care Programs	Human Occupation and Health; Critical Thinking
Positively change behavior based on constructive feedback received in class.	n/a	Professionalism

Instructional Methods

Instructional methods include: class lecture, online PowerPoint slides, readings, posted preparatory learning activities, individual and group assignments, presentations, lab experiences, site visits, and competency and objective evaluations. Classes will be held in person with several in person labs and learning activities in the community.

DESCRIPTION OF COURSE CONTENT

Classes are posted on Canvas and are accessed via E-learning Support Website: http://elearning.ufl.edu/. Access to a tutorial: https://community.canvaslms.com/videos/1124-canvas-overview-students

Topical Outline/Course Schedule ☼ guest speaker day/professional dress

	Date	Topics	Due Dates
1.1 (Wed) Module 1: Intro & Foundation	Aug. 24	Module 1: Intro & Foundation Welcome: Syllabus & Assignments Intro to Occupation Based Practice & Health	
2.1	Aug 29	Health and Participation Adjustment to Disability	Module 1 Quiz by 9/4
2.2	Aug 31	Chronic Conditions/Competency Instructions (including COVID-19 long haulers), Activity Analysis	
	Sept 5	Module 2: Work NO CLASS Labor Day Holiday	
3.2	Sept 7	Introduction to Work & OT Restoring the Worker Role & ADA	
4.1	Sept 13	Supported Employment/ Return to Work	ADA Assessments & Recommendations due 9/16
4.2	Sept. 14	Assessments in Work	
5.1	Sept 19	Intro to Ergonomics & OT	Module 2 Quiz by 25
5.2	Sept 21	Ergonomics Evaluation & Interventions	

	Date	Topics	Due Dates
6.1	Sept. 27	Module 3: Home	
6.2	Sept. 29	Home Health Fall Prevention Day (Sept 22nd) Home Assessments	
7.1	Oct 3	Home Modifications	
7.2	Oct 5	Home Assessment Project	
8.1	Oct 10	Addressing Caregiver Needs	Home Assessment Project due by Oct 14 11:59 PM
8.2	Oct 12	Caregiver Education	Module 3 Quiz by 10/16
******	Oct 19	EXAM 1– 4:30 PM – 5:30 PM (Modules 1-3) Module 4: Community	
9.1	Oct 17	Introduction to Community & OT Role Community Reintegration & Vulnerable Populations, Revisit ADA	
9.2	Oct. 19	Assessments & EBP Rancho Levels 6-10	
10.1	Oct 24	OT & Primary Care Telehealth for Adults & Seniors	
10.2	Oct. 26	Primary Care Emerging Area of Practice: What does it mean? Case Management	

	Date	Topics	Due Dates
11.1	Oct 31	Community Mobility	Module 4 Quiz by 11/6
11.2	Nov 2	Driving Rehabilitation CDRS & Car Fit training ☼ Smart House CAR-FIT @ Alachua County Senior Center ☼	Fitness to Drive & Certificates due by 11/2, 11:59 PM
12.1	Nov 7	Module 5: Special Topics in Adults & Seniors Telehealth In Adults and Seniors	
12.2	Nov. 9	Telehealth Eval and Interventions	
13.1	Nov. 14	Wellness/Sleep	
13.2	Nov 16	Advocacy/Leadership in Wellness	
14.1	Nov. 21	Sexuality & Disability	Case Study Project Due by 11/23, 11:59 PM
	Nov 23	🦃 No Class – Thanksgiving Break 🍗	
15	11/28 – 12/2	Adult Level 1 Fieldwork All week	
16.1	Dec 5	Animal Assisted Therapy, Service Animals – Adults & Seniors	
16.2	Dec. 7	Course Wrap Up **Exam 2 – Modules 4-6**	

Additional required readings will be posted in CANVAS

Course Materials, Textbooks, & Technology:
Required:

Dirette, D. & Gutman, S. (Eds.). (2020). *Occupational therapy for physical dysfunction (8th ed.)* Philadelphia: Lippincott Williams & Wilkins.

Scaffa, M.E. & Reitz, S.M. (2020). *Occupational Therapy in Community and Population Health Practice (3rd)*. Philadelphia: F.A. Davis Company.

AOTA Membership ($75 per year for student membership): www.aota.org
Throughout this course and in other courses you will be accessing member-only documents from the American Occupational Therapy Association's website

Laptops/Tablets: Laptops will be used in class for taking notes, viewing slides, or accessing websites associated with ongoing class activities. Students are not allowed to use laptops in class for any other reason. Topic instructors may further limit or prohibit the use of laptop used during presentations.

Recommended Textbooks (Optional- note that some of these are required in other OTD courses):

Schell, B. & Gillen, G. (2019). *Willard & Spackman's Occupational Therapy* (13th edition). Philadelphia: Lippincott, Williams & Wilkins. **(HIGLY RECOMMENDED)**

Hinojosa, J. & Kramer, P. (Eds.). (2014). *Evaluation in occupational therapy: Obtaining and interpreting data (4th ed.)* Bethesda, MD: AOTA Press.

For technical support for this class, please contact the UF Help Desk at:
- Learning-support@ufl.edu
- (352) 392-HELP - select option 2
- https://lss.at.ufl.edu/help.shtml

Additional Academic Resources

Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

Library Support: Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints On-Campus: Visit the Student Honor Code and Student Conduct Code webpage for more information.

ACADEMIC REQUIREMENTS AND GRADING

Assignments	Due date	Points or % of final grade
Exam 1	Wed 10/19	25%
Exam 2	Wed 12/7	25%
ADA Assessment & Recommendations	Friday 9/16	10%
Ergonomics assessment & recommendations	Friday 10/22	5%
Fitness to Drive Screening Assignment	Friday 10/29	5%

Assignments	Due date	Points or % of final grade
Case Study Project	Wed 11/23	25%
Submission Required Assignments, Professionalism/Participation	All semester	5%
Total		100%

All assignments must be completed and turned in to pass this course.
There will be a 10% reduction in grade on any late assignments each day for 3 days and then a 0 thereafter.

Grading
OTD Program Standard Grading Scale: For more information concerning program grading policies see *OTD Student Manual*.

Points earned	93-100	90-92	87-89	83-86	80-82	77-79	70-76	67-69	63-66	60-62	Below 60
Letter Grade	A	A-	B+	B	B-	C+	C	D+	D	D-	E

Letter Grade	A	A-	B+	B	B-	C+	C	D+	D	D-	E	WF	I	NG	S-U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

More information on UF grading policy may be found at:
http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#grades

Exam Policy
Two multiple choice exams are given (Exam 1 and Exam 2) in this course. The exams will use Lockdown browser.

Multiple choice exams are used to assess critical thinking in relation to knowledge and skills taught in the course and are provided in the style used on the NBCOT Certification Exam (e.g., there may be more than one "right" answer, but the student must identify the "best" answer). Students who need accommodations for in-class exams must contact the Disability Resource Center and make arrangements prior to the exam.

Make up Exams or Other Work
Any requests for make-ups due to an excused absence must be submitted to the instructor via email within 48 hours of missing an exam. The student will coordinate with the instructor to schedule a date, time, and place to make up the exam. Please note: Any requests for make-ups due to technical issues MUST be accompanied by the UF Computing help desk (http://helpdesk.ufl.edu/) correspondence. You MUST e-mail me within 24 hours of the technical difficulty if you wish to request a make-up.

Student Grade Issues: If students have issues with a grade, they must submit their concerns in writing to the grading faculty member with documentation to support their position prior to meeting with that faculty member.

Policy Related to Required Class Attendance

Attendance Policies: Attendance to all exams and class activities is mandatory. All students will be held responsible for all material presented and discussed in class activities regardless of attendance. If possible, a student who must be late or absent to a class activity should notify the instructor prior to the scheduled time in order to schedule makeup activities. Some experiences cannot be made up. For students with an excused absence an alternative activity will be provided.

If possible, faculty should be informed of absences **prior to the time of the scheduled activity** (exam, site visit, assignment deadline, presentation), unless it is an illness or emergency.

  a) A student who must be absent must notify Dr. Struckmeyer AND Dr. Myers ctmyers@phhp.ufl.edu via email prior to the anticipated absence, if possible. (Do not contact guest lecturers.)
  b) See the "Policy Related to Make up Exams or Other Work" above related to missing exams.
  c) See the Attendance Policy in the OTD Student Manual for procedures on turning in the Absence Petition Form.

Please note all faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details:
https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx
Excused absences must be consistent with university policies in the Graduate Catalog
(https://catalog.ufl.edu/graduate/regulations/#text).

Assignment policies: Assignment due dates are provided in the course outline in this syllabus. Late assignments will be subject to a 10% reduction in grade for each day late for 3 days and then a 0 thereafter, sunless prior arrangements have been made with the instructor.

Lab assignments may be written legibly in ink. Correct spelling, grammar, legibility, accuracy, logical thought sequence, continuity, smooth transitions and correct referencing are expected for all assignments. References are to be cited in APA format using the Publication Manual of the American Psychological Association 7th ed. This reference manual should be used to clarify writing format and style. If you are reading this, please email me a picture of a funny animal to prove you have read the syllabus for an additional two points on your first exam. Do not tell any of your classmates or the points will be revoked from everyone.

All assignments submitted electronically must be submitted using Microsoft Word format (.doc/.docx) or Portable Document format (.pdf) unless otherwise specified by the instructor.

STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT

Expectations Regarding Course Behavior

Professional Behavior is expected at all times, and can be defined as:
1.   Personal responsibility for prompt arrival, and regular participation and attendance in all course activities; with appropriate and judicious use of class and lab time.

2.   Assumption of responsibility in keeping classroom in order and laboratory materials properly utilized, cleaned, and stored.

3.   Treatment of peers, professors, teaching assistants, guest lecturers, clinical personnel, clients and their families with consideration, confidentiality, and respect.

4. See the information on absences in "Attendance Policies" above and the Absence Policy in the *OTD Student Handbook* published on the OTD program website. All faculty are bound by the UF policy for excused absences. All faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspxte .

5. **Students are expected to be thoroughly prepared for class.** Students are expected to read and study assigned readings and complete assigned preparatory activities as indicated on the course website and syllabus prior to coming to class. Students are expected to bring all materials necessary to effectively participate or those specifically designated by the instructor to class or lab.

6. Professional work habits also include: being on time for class and staying until class is dismissed; being courteous in lecture and lab by refraining from chatter or other distracting behaviors; turning off all electronic devices; not reading other material during class; meeting deadlines; arranging with instructor or peer to get handouts or announcements if unable to attend class; arranging with the instructor in advance if unable to meet scheduled tests and assignments.

7. Students are expected to actively participate in discussions and lab activities. Participation assists students to develop knowledge and skill in interpersonal relationships and communication by relating to patients and families with various backgrounds and performance deficits, by relating to other students, therapists and supervisors, students gain an understanding of relationships in the professional role.

8. Professional attire in lectures and labs when there are guests, in all clinics and site visits.
Refer to OTD student manual for details. Note that attire is different for in class, in class with guests, and community site visits.

9. Lecture notes and/or Power Point slides are provided solely at the discretion of the presenter. Regardless of the provision of lecture notes/Power Point slides, students are responsible for all materials assigned and covered in class, labs, and site visits.

10. **Laptops/Tablets:** Laptops may be used in class for taking notes, viewing slides, or accessing websites associated with ongoing class activities. Students are not allowed to use laptops in class for any other reason. Topic instructors may further limit or prohibit the use of laptop used during presentations.

Communication Guidelines
Faculty will contact students through Canvas or through ufl.edu email addresses. Please sign up to receive notifications from Canvas so that you are aware of new messages and announcements. Students should check their ufl.edu email daily.

Academic Integrity
Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:
 "**We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity**."
You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:
 "On my honor, I have neither given nor received unauthorized aid in doing this assignment."
It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:
https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/

http://gradschool.ufl.edu/students/introduction.html

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

SUPPORT SERVICES

Accommodations for Students with Disabilities
If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office http://www.dso.ufl.edu within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

Counseling and Student Health
Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.
- The **Counseling and Wellness Center** 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: http://www.counseling.ufl.edu. On line and in person assistance is available.
- **U Matter We Care** website: http://www.umatter.ufl.edu/. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The **Student Health Care Center** at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: https://shcc.ufl.edu/

Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789 http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx

- **University Police Department**: Visit UF Police Department website or call 352-392-1111 (or 9-1-1 for emergencies).
- **UF Health Shands Emergency Room / Trauma Center:** For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website.

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

Inclusive Learning Environment
Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex,

sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu

Recording Lectures

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture **does not** include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code."

Policy Related to Guests Attending Class

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Please note that guests are **not** permitted to attend either cadaver or wet labs. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety. Link to full policy: http://facstaff.phhp.ufl.edu/services/resourceguide/getstarted.htm

Online Faculty Course Evaluation Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via https://ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at https://gatorevals.aa.ufl.edu/public-results/